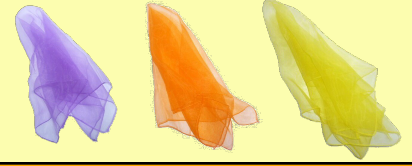


Warm Up

@pe4everykid



Monkeys & Gorillas or "Steal the Tails"



Equipment: scarves for half the class (flags & flag belts work too)

Set-up: Half the students are monkeys & have a scarf tucked in the back of their waist. They start on one side of the gym. The other half of the students are the gorillas. They start on the opposite side of the gym.

Game Play: When the music starts, the gorillas chase the monkeys around the gym and attempt to steal their tails. If a gorilla steals a tail, they get to tuck it in and become a monkey. The monkey that had their tail stolen is now a gorilla. When the music stops, have all players with a tail return to the monkey side and those without a tail go to the gorilla side. Play several short rounds. Optional: You can award players a point if they have a tail at the end of a round.

Note: A monkey cannot take the tail immediately back from the gorilla that stole it - like a "no tag backs" rule. Also, if a player is in the process of tucking in the scarf, a player cannot steal it before they are ready. Wait for them to begin running before giving chase. If a tail falls on the floor, it is fair game for any gorilla to pick up.

Gym Set Up

