

SHAPE Standards:

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DPE Outcomes:

- I can apply manipulative skills in a game situation.
- I can apply simple strategies to a game.

Equipment:

- Volleyball or Soccer ball

Instructions

Alaska Baseball

Players are divided into two teams; one is at bat while the other is in the field. A straight line provides the only out-of-bounds line, and the team at bat is behind this line midway between the ends of the line. The other team is scattered around the fair territory. One player propels the ball, either batting a volleyball or kicking a stationary soccer ball. Her teammates are in a close file behind her. As soon as the batter sends the ball into the playing area, she starts to run around her own team. Each time the runner passes the head of the file, the team gives a loud count.

There are no outs. The first fielder to get the ball stands still and starts to pass the ball back overhead to the nearest teammate, who moves directly behind to receive it. The remainder of the team in the field must run to the ball and form a file behind the fielder. The ball is passed back overhead, with each player handling the ball. When the last field player in line has a firm grip on it, she shouts "Stop." At this signal, a count is made of the number of times the batter ran around her team. To score more accurately, half rounds can be counted. Five batters or half of the team should bat; then the teams should change places. This is better than allowing an entire team to bat before changing to the field, because players in the field fatigue from many consecutive runs.