

SHAPE Standards:

2

DPE Outcomes:

- I can participate safely in physical education.

Equipment:

- None

Instructions**Sneak Attack**

Two parallel lines are drawn about 60 ft apart. Children are divided into two teams. One team takes a position on one of the lines, with their backs to the area. These are the chasers. The other team is on the other line, facing the area. This is the sneak team. The sneak team moves forward on signal, moving toward the chasers. When they get reasonably close, a whistle or some other signal is given, and the sneak team turns and runs back to their line, chased by the other team. Anyone caught before reaching the line changes to the chase team. The game is repeated, with the roles exchanged.