



Starting on September 19th, Harrison Elementary School in conjunction with our PTO will be participating in a four-week educational fundraising program called **health. moves. minds.** This national program was developed by SHAPE America – Society of Health and Physical Educators.

Through lessons and activities taught primarily in health and PE class, students will learn how to take care of their mind and body, while also developing important character traits such as kindness and empathy. Teaching students these real-life skills now will have a positive impact on their physical and mental health for years to come.

As part of this program, we are raising money to help create a more active and healthy environment in our school, which will ultimately help our students physically, emotionally, socially, and academically. **50% of the proceeds will come back to our school. 25% of that will go directly to the Harrison PTO to help with whatever our amazing teachers and students need!** A portion of the proceeds will also be used to develop essential teacher resources — and advocate for health and physical education at the state and national levels. **The 25% of the money raised for PE will go towards purchasing a vaulting board for our vault and stilts! Pictures are attached to this letter!**

What we need from you and your students is to ask family and friends if they would like to support our school by making a donation! THIS WILL BE THE FALL FUNDRAISER FOR OUR SCHOOL! In years past we have done wrapping paper or chocolate. This program replaces Jump Rope for Heart! We used to raise around \$6,000 for this fundraiser! With your help I believe that we could easily raise that much money now with health.moves, minds! Imagine what we could do with \$3,000 coming back to Harrison??

We will be having a Family Fun Night to celebrate! More information to come on our culminating event! Go online to our school's fundraising page at <http://impact.shapeamerica.org/goto/harrisoneagles22> From there, it's easy to set up an individual fundraising page for your child so they can take part! **The best way to raise funds is online however each student will be sent home with an envelope to collect offline**

OVER

donations! Attached is a list of the incentives that your student(s) has a chance to earn! Please call or email with any questions you may have!

With Warm Regards,

Briana Fuller and Harrison PTO

briana.fuller@swcsd2.org

Health Moves Minds Incentives

Top Student: Principal for a Day.

- The student to raise the most money in the school will get to spend an entire day with Mr. Lake being the Principal!

Top Class: Special Party

- The top class in the school will get a Pizza Party!

Top Grade: Extra Free day of PE

- The top grade level will earn an extra day of PE. This day will be a free day for them to play with equipment that we don't use very often.

School Goal: Teacher vs. Student dodgeball

- If we reach our school goal we will have our annual teacher vs. student dodgeball game.

\$5: digital bookmark

- Amplify Kindness Bookmark

\$25: Bingo Cards

- Amplify Kindness Bingo Cards

\$50 : t-shirt

- If you raise \$50 you will receive this years health.moves.minds t-shirt
- Pie a Teacher in the face
 - For every \$50 raised you will be able to pie the principal or a teacher in the face at our health.moves.minds assembly!

\$100: Prize Wheel

- For every \$100 raised you will get credit to spend at our book fair this year!

OVER

Equipment wanted!

AAI Jr Competition Vaulting Board

\$745



OVER

Sky Walkers Stilts

\$129 a set (looking to get at least 6 pairs)



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