

Physical Education Curriculum Framework

Kindergarten

Month/Week	# of days	Topic of Study	Region of Focus	School Events	Assessments	SEL Focus	Warm-up/Cool Down Focus
Sept 5-8	4	Welcome to PE			Checks for understanding	Everyday Heroes Kick-off	Individual Exploration
Sept 11-15	5	Locomotor Skills/Personal Space		Dot Day Week	Checks for understanding	Everyday Heroes Kick-off	Individual Exploration
Sept 18-22	5	Nonlocomotor Skills/Speeds		Hispanic Heritage Month	Checks for understanding	Captain Kid Kindness	Individual Exploration
Sept 25-29	5	Body Control/Awareness	South America		Checks for understanding	Captain Kid Kindness	Partner/Small Group Challenges
Oct 2-5	4	Animal Walks/Pathways	South America		Checks for understanding	Integriman	Partner/Small Group Challenges
Oct 9-13	5	Foot and Eye Coordination	South America		Checks for understanding	Integriman	Partner/Small Group Challenges
Oct 16-18	3	Foot and Eye Coordination	North America	MEA	Checks for understanding	Citizens of the Galaxy	Scooters
Oct 23-27	5	Disco Maze	North America			Citizens of the Galaxy	Scooters
Oct 30-Nov 2	4	Chasing/Fleeing/Dodging	North America	Book Fair Week/Conferences	Checks for understanding	Perserverance Panthers	Parachute
Nov 6-10	5	Chasing/Fleeing/Dodging	North America	Native American Heritage Month	Self-Assessment	Perserverance Panthers	Parachute
Nov 13-17	5	Rolling a ball	North America		Checks for understanding	Respectables	Parachute
Nov 20-22	3	Rolling a ball	North America		Self-Assessment	Respectables	Juggling
Nov 27-30	4	Rolling a ball	North America	End of Trimester 1	Exit Slips		Juggling
Dec 4-8	5	Bending/Stretching/Twisting	Asia		Exit Slips	Hero Week	Individual Jump Roping
Dec 11-15	5	Bending/Stretching/Twisting	Asia		Exit Slips	Health.Moves.Minds	Individual Jump Roping
Dec 18-22	5	Bending/Stretching/Tumbling	Asia		Exit Slips	Health.Moves.Minds	Individual Jump Roping
Jan 3-5	3	Striking with paddle	Asia		Checks for understanding	Health.Moves.Minds	Scooters
Jan 8-12	5	Striking with paddle	Asia	Winter Band Concert	Self-Assessment	Health.Moves.Minds	Scooters
Jan 16-18	3	Striking with paddle	Asia		Exit Slips	Health.Moves.Minds	Scooters
Jan 22-26	5	Dribbling with stick	Canada	3rd & 5th Grade Musical	Checks for understanding	Health.Moves.Minds	Parachute
Jan 29-Feb 2	5	Dribbling with stick	Canada	3rd & 5th Grade Musical	Self-Assessment	Health.Moves.Minds	Parachute
Feb 5-8	4	Dribbling with stick	Canada	Book Fair Week/Conferences	Exit Slips	Health.Moves.Minds	Parachute
Feb 12-16	5	Eye Hand Coordination	Canada	Black Hlstory Month	Checks for understanding	Hero Week	Frisbee
Feb 20-23	4	Eye Hand Coordination	Canada	2nd & 4th Grade Musical	Self-Assessment		Frisbee
Feb 26-Mar 1	5	Eye Hand Coordination	Canada	2nd & 4th Grade Musical	Exit Slips	Captain Kid Kindness	Frisbee
Mar 4-7	4	Dance and Rhythms	Canada	End of Trimester 2	Checks for understanding	Captain Kid Kindness	Volleyball
Mar 11-15	5	Dance and Rhythms	Europe	Women's History Month	Exit Slips	Integriman	Volleyball
Mar 18-22	5	Chasing/Fleeing/Dodging 2	Europe		Checks for understanding	Integriman	Dance/Cardio Drumming
Apr 1-5	5	Chasing/Fleeing/Dodging 2	Europe	Celebrate Diversity Month	Exit Slips	Citizens of the Galaxy	Dance/Cardio Drumming
Apr 8-12	5	Striking with golf club	Europe		Checks for understanding	Citizens of the Galaxy	Track and Field Day Events
Apr 15-19	5	Striking with golf club	Europe	Spring Band Concert	Exit Slips	Perserverance Panthers	Track and Field Day Events
Apr 22-25	4	Striking with golf club	Africa			Perserverance Panthers	Track and Field Day Events
April 29-May 3	5	Track and Field	Africa	Asian Pacific Islander Month		Respectables	Track and Field Day Events
May 6-10	5	Track and Field	Africa	Onsite Field Day		Respectables	Individual/Partner Exploration
May 13-17	5	Track and Field	Africa	5th Grade Field Day			Individual/Partner Exploration
May 20-24	5	Striking with bat - Teeball	Africa				Individual/Partner Exploration
May 28-31	4	Striking with bat - Teeball	Africa				Individual/Partner Exploration
June 3-5	2	End of Year Fun					

Physical Education Curriculum Framework

1st - 2nd Grade

Month/Week	# of days	Topic of Study	Region of Focus	School Events	Assessments	SEL Focus	Warm-up/Cool Down Focus
Sept 5-8	4	Welcome to PE			Checks for understanding	Everyday Heroes Kick-off	Individual Exploration
Sept 11-15	5	Locomotor/Nonlocomotor Skills		Dot Day Week	Checks for understanding	Everyday Heroes Kick-off	Individual Exploration
Sept 18-22	5	Body Control & Awareness		Hispanic Heritage Month	Checks for understanding	Captain Kid Kindness	Partner/Small Group Challenges
Sept 25-29	5	Chasing/Fleeing/Dodging	South America		Checks for understanding	Captain Kid Kindness	Partner/Small Group Challenges
Oct 2-5	4	Chasing/Fleeing/Dodging	South America		Checks for understanding	Integriman	Partner/Small Group Challenges
Oct 9-13	5	Soccer	South America		Self-Assessment	Integriman	Scoters
Oct 16-18	3	Soccer	North America	MEA	Peer-Assessments	Citizens of the Galaxy	Scoters
Oct 23-27	5	Soccer	North America		Exit Slips	Citizens of the Galaxy	Scoters
Oct 30-Nov 2	4	Disco Maze	North America	Book Fair Week/Conferencs		Perserverance Panthers	Yoga
Nov 6-10	5	Bowling	North America	Native American Heritage Month	Checks for understanding	Perserverance Panthers	Yoga
Nov 13-17	5	Bowling	North America		Self-Assessment	Respectables	Yoga
Nov 20-22	3	Bowling	North America		Peer-Assessments	Respectables	Juggling
Nov 27-30	4	Bowling	North America	End of Trimester 1	Exit Slips		Juggling
Dec 4-8	5	Tumbling/Yoga	Asia		Checks for understanding	Hero Week	Individual Jump Roping
Dec 11-15	5	Tumbling/Yoga	Asia		Checks for understanding	Health.Moves.Minds	Individual Jump Roping
Dec 18-22	5	Tumbling/Yoga	Asia		Checks for understanding	Health.Moves.Minds	Individual Jump Roping
Jan 3-5	3	Basketball	Asia		Checks for understanding	Health.Moves.Minds	Long Jump Roping
Jan 8-12	5	Basketball	Asia	Winter Band Concert	Self-Assessment	Health.Moves.Minds	Long Jump Roping
Jan 16-18	3	Basketball	Asia		Peer-Assessments	Health.Moves.Minds	Long Jump Roping
Jan 22-26	5	Hockey	Canada	3rd & 5th Grade Musical	Checks for understanding	Health.Moves.Minds	Volleyball
Jan 29-Feb 2	5	Hockey	Canada	3rd & 5th Grade Musical	Self-Assessment	Health.Moves.Minds	Volleyball
Feb 5-8	4	Hockey	Canada	Book Fair Week/Conferencs	Peer-Assessments	Health.Moves.Minds	Volleyball
Feb 12-16	5	Paddle Sports	Canada	Black Hlstory Month	Checks for understanding	Hero Week	Frisbee
Feb 20-23	4	Paddle Sports	Canada	2nd & 4th Grade Musical	Self-Assessment		Frisbee
Feb 26-Mar 1	5	Paddle Sports	Canada	2nd & 4th Grade Musical	Peer-Assessments	Captain Kid Kindness	Frisbee
Mar 4-7	4	Paddle Sports	Canada	End of Trimester 2	Exit Slips	Captain Kid Kindness	Frisbee
Mar 11-15	5	Frisbee	Europe	Women's History Month	Checks for understanding	Integriman	Individual Jump Roping
Mar 18-22	5	Frisbee	Europe		Self-Assessment	Integriman	Individual Jump Roping
Apr 1-5	5	Frisbee	Europe	Celebrate Diversity Month	Peer-Assessments	Citizens of the Galaxy	Individual Jump Roping
Apr 8-12	5	Golf	Europe		Checks for understanding	Citizens of the Galaxy	Track and Field Day Events
Apr 15-19	5	Golf	Europe	Spring Band Concert	Self-Assessment	Perserverance Panthers	Track and Field Day Events
Apr 22-25	4	Golf	Africa		Peer-Assessments	Perserverance Panthers	Track and Field Day Events
April 29-May 3	5	Golf	Africa	Asian Pacific Islander Month	Exit Slips	Respectables	Track and Field Day Events
May 6-10	5	Track and Field	Africa	Onsite Field Day	Exit Slips	Respectables	Baseball/Softball
May 13-17	5	Track and Field	Africa	5th Grade Field Day	Exit Slips		Baseball/Softball
May 20-24	5	School Year Recap	Africa				Baseball/Softball
May 28-31	4	School Year Recap	Africa				Baseball/Softball
June 3-5	2	End of Year Fun					

Physical Education Curriculum Framework

3rd - 5th Grade

Month/Week	# of days	Topic of Study	Region of Focus	Holidays / School Events	Plickers Assessments	SEL Focus	Warm-up/Cool Down Focus
Sept 5-8	4	Welcome to PE			Exit Slips	Everyday Heroes Kick-off	Partner/Small Group Challenges
Sept 11-15	5	Team Building		Dot Day Week	Exit Slips	Citizens of the Galaxy	Partner/Small Group Challenges
Sept 18-22	5	Team Building		Hispanic Heritage Month	Exit Slips	Captain Kid Kindness	Partner/Small Group Challenges
Sept 25-29	5	Soccer	South America	Picture Day 9/22	Self-Assessment	Respectables	Individual Jump Roping
Oct 2-5	4	Soccer	South America	Fun Run/Walk to School Day - 10/4	Peer-Assessments	Persverance Panthers	Individual Jump Roping
Oct 9-13	5	Soccer	South America	Bully Awareness Month/Indigenous Peoples Day	Post-Assessments	Integriman	Individual Jump Roping
Oct 16-18	3	Football	North America	Unity Day - MEA	Self-Assessment		Dance
Oct 23-27	5	Football	North America	Day of the Dead - 11/1	Peer-Assessments	Hero Week - HMM Kick-off	Dance
Oct 30-Nov 2	4	Disco Maze	North America	Book Fair Week/Conferences - Halloween	Exit Slips	Citizens of the Galaxy	Dance
Nov 6-10	5	Football	North America	Native American Heritage Month	Post-Assessments		Yoga
Nov 13-17	5	Bowling	North America	Veterans Day - 11/11 World Kindness Day - 11/13	Exit Slips		Yoga
Nov 20-22	3	Bowling	North America	Diwali - 11/12 / Thanksgiving 11/23	Exit Slips		Yoga
Nov 27-30	4	Bowling	North America	End of Trimester 1	Exit Slips		Juggling
Dec 4-8	5	Challenge Course Stations	Asia	Human Rights Month / Hanukkah - 12/8	Exit Slips	Captain Kid Kindness	Juggling
Dec 11-15	5	Challenge Course Stations	Asia		Exit Slips		Juggling
Dec 18-22	5	Challenge Course Stations	Asia	Christmas 12/25 / Kwanzaa 12/26	Exit Slips		Juggling
Jan 3-5	3	Basketball	Asia	International Creativity Month / New Years Eve & Day 12/31 & 1/1	Self-Assessment	Respectables	Scoters
Jan 8-12	5	Basketball	Asia	Martin Luther King Day 1/15	Peer-Assessments		Scoters
Jan 16-18	3	Basketball	Asia	Black History Month	Post-Assessments		Scoters
Jan 22-26	5	Hockey	Canada	Winter Olympics	Self-Assessment		Long Jump Roping
Jan 29-Feb 2	5	Hockey	Canada	World Read Aloud Day - 2/1 Groundhog Day 2/2	Peer-Assessments	Hero Week - HMM Wrap-up	Long Jump Roping
Feb 5-8	4	Hockey	Canada	I Love to Read/American Heart Month	Post-Assessments	Persverance Panthers	Long Jump Roping
Feb 12-16	5	Badminton/Tennis	Canada	Chinese New Year - 2/10	Self-Assessment		Volleyball
Feb 20-23	4	Badminton/Tennis	Canada	Presidents Day 2/20	Peer-Assessments		Volleyball
Feb 26-Mar 1	5	Badminton/Tennis	Canada	Leap Day 2/29	Post-Assessments		Volleyball
Mar 4-7	4	Badminton/Tennis	Canada	Geography Week / End of Trimester 2	Exit Slips	Integriman	Volleyball
Mar 11-15	5	Frisbee	Europe	International Womens Day 3/8 - Women's History Month	Self-Assessment		Dance/Cardio Drumming
Mar 18-22	5	Frisbee	Europe	Ramadan 3/11 - St Patricks Day 3/17	Peer-Assessments		Dance/Cardio Drumming
Apr 1-5	5	Frisbee	Europe	Easter 3/31 / Autism Awareness Month	Post-Assessments		Dance/Cardio Drumming
Apr 8-12	5	Golf	Europe	Eid 4/10 - Arab American Heritage Month	Exit Slips		Yard Games
Apr 15-19	5	Golf	Europe		Self-Assessment		Yard Games
Apr 22-25	4	Golf	Africa	Earth Day 4/22 - Arbor Day 4/26	Peer-Assessments		Yard Games
April 29-May 3	5	Golf	Africa	Jewish American / Asian Pacific Islander Month	Post-Assessments		Track and Field Day Events
May 6-10	5	Track and Field	Africa	May Day 5/1 - Onsite Field Day 5/10 - Teacher Appreciation 5/7	Exit Slips		Track and Field Day Events
May 13-17	5	Track and Field	Africa	Teachers Day 5/12 - 5th Grade Field Day 5/15	Exit Slips		Criquet/Kickball
May 20-24	5	School Year Recap	Africa	Memorial Day 5/27			Criquet/Kickball
May 28-31	4	School Year Recap	Africa	Discovery Days			Criquet/Kickball
June 3-5	2	End of Year Fun		Last Day 6/5			