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| Get scared by a person or decoration?Engage emergency escape mode! Sprint 10 steps like you’re running away from a ghost with bad breath.**▢ Challenge Complete!** | Instead of saying “Trick or Treat,” say, “I’ll Squat for Sweets!”Ask your neighbor passing out candy to decide how many squats! Then ask for bonus candy if you do more!**▢ Challenge Complete!** | See a house with flashing lights?Do 15 jumping jacks and match the energy!**▢ Challenge Complete!** |
| Get a treat you’ve never seen before?Do a “What is this?!” wiggle dance!**▢ Challenge Complete!** | See someone in a superhero costume?Activate your candy powers! Drop and do 5 push-ups to show off your heroic strength.**▢ Challenge Complete!** | Get a Milky Way?Space treat acquired! Blast off with 5 star jumps and orbit to the next house!**▢ Challenge Complete!** |
| Drop a piece of candy?Candy down! Do a squat to pick it up. Do 9 more for good luck.**▢ Challenge Complete!** | Hear spooky music playing?Break into a 10-second Monster Mash and perform your best dance moves!**▢ Challenge Complete!** | After your candy bag is full!Candy haul complete! Time for 10 candy curls. Flex those sweet muscles!**▢ Challenge Complete!** |